

# The Balance and Mobility Clinic

*A partnership of*

**Riverside Methodist Hospital's John J. Gerlach Center for Senior Health and Robinson-Brown & Associates**

*What is the Balance and Mobility Clinic?*

The Balance and Mobility Clinic provides a comprehensive assessment of balance ability and risk for falling. The evaluation can include specialized equilibrium tests for sensory and motor systems. Customized treatment options and therapy recommendations are provided.

*Who is the Balance and Mobility Clinic for?*

Anyone who has a concern about their ability to safely and confidently walk and carry out their daily activities without fear of falling including:

- + Picking up objects off the floor
- + Getting in and out of the bathtub or bed, or on and off the couch
- + Participating in community activities like shopping, gardening, or going to church or other outings

*How do you make a referral or schedule an appointment to the clinic?*

Call (614) 566-5858 and ask to make an appointment with the Balance and Mobility Clinic.



**John J. Gerlach Center for Senior Health**  
3724-A Olentangy River Road  
Columbus, Ohio 43214  
(614) 566-5858  
[ohiohealth.com/seniorhealthservices](http://ohiohealth.com/seniorhealthservices)

 **Riverside Methodist Hospital**  
OhioHealth

*Who provides the initial evaluation?*

- + Physician Medical Assessment – Sheila Faryman, MD
- + Physical Therapist Assessment – Kristin Beadle, DPT, Robinson–Brown & Associates

Evaluation takes approximately one hour. A copy of your evaluation and recommended treatment options can be sent to your primary care physician.

*If treatment is recommended, where do I go?*

Physical therapy can be provided in either of the following locations for your convenience:

- + John J. Gerlach Center for Senior Health
- + In your home

Occupational therapy provides a safety home assessment and accessibility recommendations to reduce your risk for falls and increase your safety.

*How is it paid for?*

The services are billable to many insurance plans. You may be responsible for a co-pay with your insurance once deductibles are met.

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*Where is it located?*

John J. Gerlach Center for Senior Health  
3724-A Olentangy River Road  
Columbus, Ohio 43124  
(614) 566-5858

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DOCTORS HOSPITAL + GRADY MEMORIAL HOSPITAL + DUBLIN METHODIST HOSPITAL + DOCTORS HOSPITAL – NELSONVILLE  
HARDIN MEMORIAL HOSPITAL + MARION GENERAL HOSPITAL + HOMEREACH + OHIOHEALTH NEIGHBORHOOD CARE  
WESTERVILLE MEDICAL CAMPUS + 21,000 PHYSICIANS, ASSOCIATES & VOLUNTEERS